

Aspen HealthCare Services is a full-service home health agency specializing in the care of medically complex patients with pulmonary disease, including advanced-stage COPD and ventilator dependency. **We are the Pulmonary Rehabilitation Specialists in the Home Health Care environment.**

We have Respiratory therapists with in-depth experience in pulmonary rehabilitation and long-term ventilator management team with highly qualified nurses and physical, occupational, and speech therapists to provide targeted, competent, and responsive care to these medically fragile individuals. Our service capabilities include:

- ☞ Comprehensive nursing, RT, PT, and OT assessment
- ☞ Identifying and addressing environmental risk factors
- ☞ Training in principles and techniques of self care including medication and oxygen administration, and bronchial hygiene techniques
- ☞ Guidance through individualized programs of graded, reconditioning exercise and training in the use of adaptive techniques and equipment for ADLs
- ☞ Monitoring and immediately responding to signs of incipient infection
- ☞ Educating in the physical, psychological, and social aspects of chronic disease

Aspen takes all insurances including Secure Horizon, Medicare, Medicaid, and private insurance. **Give us a call today to evaluate our services.**

Office: 972.316.2035

info@AspenCares.com www.AspenCares.com

